

MEDIA RELEASE
For immediate release

A wok on the wild side.

A zesty documentary series spices up Canadian TV



Edmonton, AB (November 2008) - The Lingnan is more than just a Chinese Restaurant, it's an institution. For sixty years the Quons have been serving steaming platters of Kung Pao Chicken and Ginger Beef to the people of Edmonton – and now they'll be dishing up some family friction and lots of behind the scenes action for television viewers across Canada. The venerable Lingnan and its lovable proprietors are the stars of the third season of **Food Network's** popular documentary series, **The**

Family Restaurant, premiering **Thursday, January 8th, 2009 at 10pm ET/7pm PT**, repeating at 11pm PT. The series repeats Saturdays at 1pm ET/10am PT and 7pm ET/4pm PT.

The new season follows in the footsteps of the highly successful seasons featuring the fiery Psalios family and their celebrated Greek eateries. Executive Producer Margaret Mardirossian is confident viewers will also fall in love with the Quons: "They have a refreshingly genuine sense of humour about work and family. There really is nothing like this on TV."

Amy Quon is energy incarnate and she bowls over the guests with her hospitality. She is a congenial dictator who bosses everyone in the family. **Kinman Quon** is serene in comparison. As owner of the establishment he always tries to keep things on track, he is the calm in the storm, steadfast and dependable no matter how chaotic things get. 25-year-old **Miles** and his sister **Mandy** are proud of the Lingnan's legacy and love all their faithful fans - but they are determined to drag the old haunt into the 21st century. This desire is an endless source of tension in the family as new and old vie for supremacy. A passionate perfectionist, Miles is often impatient with his sedate father, vents at his slacker brother **Marty** and clashes with his outspoken mother. But the family bonds run as deep as their commitment to the Lingnan and stressful days are punctuated with cheerful camaraderie and frequent laughter.

"The Quons are an incredible family: hardworking, extremely direct and often hilarious. And beneath all their bluster and bossiness lies a deep felt affection for each other and a genuine passion for what they do," says VP of Production David Way.

With a wedding to plan in Beijing, new cooks to hire from China, some major renovations to oversee and Chinese New Year to plan the series is non stop action from the get go. For six months Anaïd Productions documented every triumph, conflict, celebration, ordeal, festivity and disaster that beset the Quons and the result is a series that is exceptionally funny, occasionally outrageous and always entertaining. One thing is certain - the Quons deliver.

Family Restaurant is produced by Anaïd Productions Inc. in association with Food Network, with the participation of the CanWest Alberta Fund, a program of the Independent Production Fund; and the Assistance of the Government of Alberta, Alberta Film Development Program; as well as the Government of Canada - Canadian Film or Video Production Tax Credit Program.

Food Network Canada is part of Canwest Broadcasting, a division of Canwest Media Inc. For more information on Food Network programs, visit www.foodtv.ca.

Anaïd Productions is an award-winning film and television production company dedicated to the development and production of quality dramatic and factual programming. www.anaid.com.

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